

# How to Prepare for School



## What to Pack:

*Please label all of your child's personal items with their name.*

- Rubber boots (optional for field and forest excursions)
- Running shoes (must have closed toe and closed heel)
- Extra pair of socks
- Two plastic grocery bags (to put over dry socks, in the event of a “boot soaker”)
- Raincoat and rainpants
- Durable and breathable pants (must be put on for forest exploration- may be worn on top of shorts)
- Shorts (weather permitting)
- Bug jacket/hat or bug spray
- Reusable water bottle
- Small backpack
- Indoor shoes (late Fall until early Spring only)
- Nut-free lunch and snacks
- Labeled bag with a change of clothing (underwear, pants, socks, shirt)
- Sun hat
- Light toque
- Sunscreen
- Optional:* A bin (preferably with a lid) that will hold all of your child's extra gear. The bin can remain at school and parents will be notified when items need to be replenished.

## Please Do Not Bring\*:

- Toys from home
- Pocket knives or other tools
- Electronic devices including cell phones, mP3 players, gaming devices

\*CFFS is not responsible for any personal property that is lost or damaged

## What Will Be Provided:

- Water to refill bottles
- Clean washrooms and handwashing stations (cleaned several times a day)
- Hand Sanitizer
- Clothes dryer for wet clothes

## What to Expect:

- Sign in and sign out will be completed electronically on cell phones and tablets by staff
- Parent/guardian or authorized pick-up personnel will need to show their Photo ID to staff when picking up their student.
- Things for students to practice: good hand hygiene, and applying sunscreen and bug spray (staff are able to assist with this)