

# How to Prepare for School



Please label all of your student's belongings. A tote with a lid is recommended for storing extra clothing. Be sure to check the weather and use your best judgment when dressing your student for the day.

## Weather Conditions: Warm & Sunny (May - September)

### What to Wear:

- Sun hat
- Shorts
- T-shirt
- Running shoes
- Apply sunscreen and bug spray

### What to Pack:

- Rain jacket
- Rain pants or muddy buddy
- Long pants (Students must wear pants for forest exploration—please pack breathable pants that can be worn over shorts.)
- Complete change of clothes + extra socks
- Rain boots (for swamp exploration)
- Reusable water bottle
- Sunscreen
- Bug spray
- Bug jacket (optional)
- Lunch and snacks

## Weather Conditions: Wet & Cool (October - November; March - April)

### What to Wear:

- Toque (wool or wool blend recommended)
- Base layers (wool or wool blend recommended)
- Mid-layer (fleece or sweatpants)
- Waterproof outer layer
- Rubber boots

- Wool or polyester socks
- Mittens (waterproof/snowproof)

### What to Pack:

- Extra mittens
- Complete change of clothes + extra socks
- Indoor shoes
- Refillable water bottle
- A warm drink (optional)
- Lunch and snacks

## Weather Conditions: Cold & Snow (December - March)

### What to Wear:

- Toque (wool or wool blend recommended)
- Base layers (wool or wool blend recommended)
- Mid-layer (fleece or sweatpants)
- Snowproof outer layer
- Snow boots
- Wool socks
- Mittens (snowproof)

### What to Pack:

- Extra mittens
- Complete change of clothes + extra socks
- Indoor shoes
- Hand warmers (optional)
- Refillable water bottle
- A warm drink
- Lunch and snacks

## Please Do Not Bring\*:

- Toys from home
- Pocket knives or other tools
- Electronic devices** including cell phones, smart watches, gaming devices, etc.

\*CFFS is not responsible for any personal property that is lost or damaged

## What Will Be Provided:

- Water to refill bottles
- Clean washrooms and handwashing stations (cleaned several times a day)
- Hand Sanitizer
- Clothes dryer for wet clothes

## What to Expect:

- Staff will complete sign-in and sign-out electronically using cell phones and tablets.
- Parents/guardians or authorized pick-up persons must show photo ID when picking up their student.
- Things for students to practice: good hand hygiene, and applying sunscreen and bug spray (staff can assist with this), independently dressing themselves for the outdoors.